1<sup>st</sup> Flr, 14 Annerley Rd Woolloongabba - Q.4102

www.bensrest.com.au



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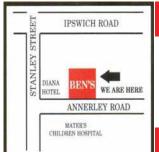
**OPEN 6 DAYS** 

**Monday Closed** 11am-3pm & 5pm -10.00pm



APPETISERS	A CHOICE OF:		
Mini Spring Roll (4) \$8.90	SATAY / CHILLI / CURRY sauce		
Curry Puff (4) \$8.90	ALMOND & CASHEW (GFO) /		
Fried Wonton (10) \$8.90	VEGIES & OYSTER sauce / BLACK BEAN sauce		
Steam /Fried Dim Sim (4) \$8.90	GINGER & SHALLOT (GFO) / PLUM sauce		
Mix Entree (Sp Roll, Fried Dim Sim, Prawn Toast) \$8.90	GARLIC (GFO) / MONGOLIAN sauce		
Salt & Pepper Quail(GFO) \$9.90	BEEF \$19.90		
Prawn Toast (4) \$9.90	PORK or CHICKEN \$19.90		
King Pawn Cutlet (4) \$15.90	LAMB \$20.90		
San Choi Bao (4)(GFO) \$20.90	SQUID \$20.90		
SOUP	COMBINATION \$23.90		
Chicken Sweet Corn Soup(GFO) (S) \$8.90 (L) \$13.90	KING PRAWN \$23.90		
Crab Meat Sweet Corn(GFO) (S) \$8.90 (L) \$13.90	SEAFOOD \$23.90		
Chilli & Sour Soup (S) \$10.90 (L) \$15.90	SCALLOP \$25.90		
Wonton with BBQ Pork (S) \$10.90 (L) \$17.90	CHEF SUGGESTIONS		
Egg Noodle with BBQ Pork (S) \$10.90 (L) \$17.90	Roast Crispy Lemon/Orange Chicken \$19.90		
RICE	Boneless Lemon/Orange Chicken \$19.90		
Steam Rice (S) \$4.00 (L) \$4.90	Flame Pork Ribs Special Sauce \$19.90		
Combination Fried Rice (S) \$10.90 (L) \$13.90	Peking Steak \$19.90 Chilli Mabo Tofu \$20.90		
Prawn or Chicken Fried Rice(GFO)(S) \$10.90 (L) \$13.90	Deep Fried Duck Plum \$22.90		
Salty Fish & Chicken Fried Rice(GFO) (L) \$17.90	Steam Duck Ginger & Mushroom \$20.90		
RICE NOODLE & VEGIES	Steam Duck, Meat & Seafood Oyster Sauce \$28.90		
Singapore Noodle \$19.90	Salt & Pepper Squid(GFO) \$21.90		
Beef or Chicken or Pork Ho Phan \$23.90	Combination Bird's Nest \$24.90		
Combination Ho Phan \$26.90	Seafood Bird's Nest \$25.90		
Seafood Ho Phan \$28.90	VEGETABLE/VEGETARIAN		
OMELETTE (Extra \$2 for Gravy)	Vegetarian Spring Roll (4) \$8.90		
Chicken Omelette \$17.90	Transparent Tofu Roll (4)(GFO) \$13.90 Vegies Sweet Corn Soup(GFO) (S) \$8.90 (L) \$13.90		
Combination OR Prawn Omelette \$17.90	Vegies Sweet Corn Soup(GFO) (S) \$8.90 (L) \$13.90 Long Noodle Vegies Soup (S) \$10.90 (L) \$17.90		
CHOW MEIN NOODLE & VEGIES	Vegetarian Fried Rice(GFO) (S) \$10.90 (L) \$13.90		
Chicken or Pork or Beef Chow Mein \$21.90	MAIN		
Combination Chow Mein \$24.90	Mix Vegetable with Almond & Cashew(GFO) \$17.90		
King Prawn or Seafood Chow Mein \$25.90	Mix Vegetable with Garlic or Chilli(GFO) \$17.90		
HONEY OR SWEET & SOUR	Mix Vegetable with Curry or Satay \$17.90		
Chicken or Pork \$19.90	Mix Vegetable with Oyster or Black Bean \$17.90		
Combination (Prawn, Chicken, Pork) \$23.90	Bok Choy with Garlic or Oyster \$17.90		
King Prawn \$23.90	Mix Vegetable Chow Mein \$18.90 Salt & Pepper Tofu(GFO) \$18.90		
Ψ23.70	Mix Vegetable Ho Phan \$21.90		
	1717 1 Commit 110 1 Hull \$21.70		

VIETNAMESE			
CHEF SUGGESTIONS		RICE VERMICELLI	
SEAFOOD DISHES		Spring Roll Rice Vermicelli	\$15.90
Steam Oyster w/ Chilli/Fish Sauce/Ginger Shallot (1/2 Doz)	\$25.90	Prawn Meat on Sugar Cane Vermicelli	\$17.90
Steam Oyster with Chilli Sauce (1 Doz)	\$45.90	Sliced Beef & Rice Vermicelli	\$17.90
Steam King Prawns with Chilli	\$28.90	Grilled Chicken & Rice Vermicelli	\$17.90
Mussel Black Bean Or Ginger & Shallot	\$22.90	Grilled Pork Ball Rice Vermicelli	\$17.90
Salt & Pepper King Prawn (GFO)	\$23.90	Grilled Sliced Pork Rice Vermicelli(GFO)	\$17.90
Salt & Pepper King Prawn & Squid (GFO)	\$24.90	Grilled Skewed Beef Rice Vermicelli	\$17.90
Salted 9 Pepper Soft Shell Crab **	\$25.90	Grilled King Prawn Rice Vermicelli(GFO)	\$17.90
Stewed Silver Perch Hot Pot **	\$23.90		
Seafood Hot Pot	\$23.90	STEAM RICE DISHES	
Salt & Pepper Whitebait	\$19.90	Rice with Crispy Chicken	\$17.90
Combination Hot Pot	\$21.90	Rice with Grilled Pork Chop(GFO)	\$17.90
		Rice Shredded Pork, Pork Chop & Fried Egg	\$17.90
MEAT DISHES		Rice Shredded Pork, Pork Chop & Egg Cake	\$17.90
Chicken with Lemon Grass & Chilli	\$19.90		
Grilled Marinated Pork Chop (GFO)	\$19.90	PHO RICE NOODLE SOUP - Rice Vermicelli (	GFO)
Pepper Beef with Cabbage & Mushroom	\$19.90	(Extra \$1 for Fresh or Clear Noodle)	
Steam Chicken with Ginger & Shallot	\$20.90	Beef Noodle Soup	\$17.50
Steam Chicken with Black Bean	\$20.90	Chicken Noodle Soup	\$17.50
Crispy Chicken Lemon Grass & Soya	\$20.90	Chilli Beef and Pork Noodle Soup	\$17.90
Beef with Bok Choy & Mushroom	\$19.90	Special Beef Noodle Soup	\$17.90
Salt & Pepper Pork Chop	\$19.90	Combination Rice Noodle Soup	\$17.90
0Oo		Seafood Rice Noodle Soup	\$18.50
APPETISERS		ECC NOODI E COUD (MI)	
Transparent Pork Roll (4)(GFO)	\$13.90	EGG NOODLE SOUP (MI)	¢17.00
Transparent Prawn & Pork Roll (4)(GFO)	\$13.90	Chicken Egg Noodle Soup	\$17.90
		Egg Noodle & BBQ Pork Soup	\$17.90
D.I.Y RICE PAPER DISHES		Combination Egg Noodle Soup Seafood Egg Noodle Soup	\$17.90 \$18.50
Prawn Meat on Sugar Cane & Salad (3)	\$18.90	Egg Noodle & Crispy Chicken	\$19.90
Grilled Sliced Pork & Salad (2)(GFO)	\$18.90	Egg Noodle & Grilled Pork Chop	\$19.90
Grilled Pork Balls & Salad (2)	\$18.90	Egg Noodic & Gillied Fork Chop	\$17.70
Grilled Skewed Beef & Salad (2)	\$18.90		
Grilled King Prawn & Salad (2)(GFO)	\$18.90		
Grilled Beef in Betel Leaf & Salad	\$18.90	May Contains Traces Of Peanuts /	
		Our Food Has No Added MSG /	
TRADITIONAL HOMEMADE SALAD		(GFO) Gluten Free Option Available	
Chicken with Cabbage Salad(GFO)	\$22.90	(oz o) ciatan ree option munuole	
Sliced Beef Ginger & Hoisin Salad	\$22.90		
Jelly Fish with Chicken Or Prawn Salad(GFO)	\$24.90		



Large Comb. FRIED RICE For order \$65 & Over





Flame Pork Ribs

**Bens Specialities** 

Relax and Enjoy authentic and traditional Chinese and Vietnamese Cuisine in an elegant atmosphere with the Friendly and Courteous staff. BEN's Restaurant has been established since 1993 and specialise in Chinese and Vietnamese food.

Our business is to make your dining out a pleasurable experience.

We cater for all Weddings, Functions, and Private Parties.

Please ask to see our special functions menu and complimentary KARAOKE service.

Bookings by phone or email bensrestaurant2@yahoo.com.au