

1st Flr, 14 Annerley Rd
Woolloongabba - Q.4102

www.bensrest.com.au

TAKE-AWAY MENU



Mob: 0466 109 383

Ph: (07) 3391 3233

OPEN 6 DAYS

Monday Closed

11am-3pm & 5pm -10.00pm



APPETISERS

Mini Spring Roll (4)	\$9.50
Curry Puff (4)	\$9.50
Fried Wonton (10)	\$9.50
Steam /Fried Dim Sim (4)	\$9.50
Mix Entree (Sp Roll, Fried Dim Sim, Prawn Toast)	\$9.50
Salt & Pepper Quail(GFO)	\$10.90
Prawn Toast (4)	\$10.90
King Pawn Cutlet (4)	\$15.90
San Choi Bao (4)(GFO)	\$21.90

SOUP

Chicken Sweet Corn Soup(GFO)	(S) \$9.50	(L) \$13.90
Crab Meat Sweet Corn(GFO)	(S) \$9.50	(L) \$13.90
Chilli & Sour Soup	(S) \$10.90	(L) \$15.90
Wonton with BBQ Pork	(S) \$10.90	(L) \$18.50
Egg Noodle with BBQ Pork	(S) \$10.90	(L) \$18.50

RICE

Steam Rice	(S) \$4.00	(L) \$5.90
Combination Fried Rice	(S) \$10.90	(L) \$15.90
Prawn or Chicken Fried Rice(GFO)(S)	\$10.90	(L) \$15.90
Salty Fish & Chicken Fried Rice(GFO)		(L) \$18.90

RICE NOODLE & VEGIES

Singapore Noodle	\$19.90
Beef or Chicken or Pork Ho Phan	\$24.90
Combination Ho Phan	\$26.90
Seafood Ho Phan	\$28.90

OMELETTE (Extra \$2 for Gravy)

Chicken Omelette	\$18.90
Combination OR Prawn Omelette	\$18.90

CHOW MEIN NOODLE & VEGIES

Chicken or Pork or Beef Chow Mein	\$21.90
Combination Chow Mein	\$24.90
King Prawn or Seafood Chow Mein	\$26.90

HONEY OR SWEET & SOUR

Chicken or Pork	\$19.90
Combination (Prawn, Chicken, Pork)	\$23.90
King Prawn	\$23.90

A CHOICE OF:

SATAY / CHILLI / CURRY sauce	
ALMOND & CASHEW (GFO) /	
VEGIES & OYSTER sauce / BLACK BEAN sauce	
GINGER & SHALLOT (GFO) / PLUM sauce	
GARLIC (GFO) / MONGOLIAN sauce	
PORK or CHICKEN or BEEF	\$19.90
LAMB	\$20.90
SQUID	\$20.90
COMBINATION	\$23.90
KING PRAWN	\$23.90
SEAFOOD	\$23.90
SCALLOP	\$25.90

CHEF SUGGESTIONS

Roast Crispy Lemon Chicken	\$19.90
Boneless Lemon Chicken	\$19.90
Flame Pork Ribs Special Sauce	\$19.90
Peking Steak	\$19.90
Chilli Beef Mabo Tofu	\$20.90
Deep Fried Duck Plum	\$23.90
Steam Duck Ginger & Mushroom	\$23.90
Steam Duck, Meat & Seafood Oyster Sauce	\$28.90
Salt & Pepper Squid(GFO)	\$22.90
Combination Bird's Nest	\$25.90
Seafood Bird's Nest	\$28.90

VEGETABLE/VEGETARIAN

Vegetarian Spring Roll (4)	\$9.50
Transparent Tofu Roll (4)(GFO)	\$13.90
Vegies Sweet Corn Soup(GFO)	(S) \$9.50 (L) \$13.90
Long Noodle Vegies Soup	(S) \$10.90 (L) \$18.50
Vegetarian Fried Rice(GFO)	(S) \$10.90 (L) \$15.90

MAIN

Mix Vegetable with Almond & Cashew(GFO)	\$18.50
Mix Vegetable with Garlic or Chilli(GFO)	\$18.50
Mix Vegetable with Curry or Satay	\$18.50
Mix Vegetable with Oyster or Black Bean	\$18.50
Bok Choy with Garlic or Oyster	\$18.50
Mix Vegetable Chow Mein	\$19.90
Salt & Pepper Tofu(GFO)	\$19.90
Mix Vegetable Ho Phan	\$22.90

VIETNAMESE

CHEF SUGGESTIONS

SEAFOOD DISHES

Steam Oyster w/ Chilli/Ginger Shallot (1/2 Doz)	\$25.90
Steam Oyster with Chilli Sauce (1 Doz)	\$45.90
Mussel Black Bean Or Ginger & Shallot	\$22.90
Salt & Pepper King Prawn (GFO)	\$23.90
Salt & Pepper King Prawn & Squid (GFO)	\$25.90
Salted Pepper Soft Shell Crab	\$25.90
Stewed Silver Perch Hot Pot	\$23.90
Seafood Hot Pot	\$23.90
Salt & Pepper Whitebait	\$19.90
Combination Hot Pot	\$23.90

MEAT DISHES

Chicken with Lemon Grass & Chilli	\$19.90
Grilled Marinated Pork Chop (GFO)	\$19.90
Pepper Beef & Mushroom	\$19.90
Steam Chicken with Ginger & Shallot	\$21.90
Steam Chicken with Black Bean	\$21.90
Crispy Chicken Lemon Grass & Soya	\$21.90
Beef with Bok Choy & Mushroom	\$19.90
Salt & Pepper Pork Chop	\$19.90

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APPETISERS

Transparent Pork Roll (4)(GFO)	\$13.90
Transparent Prawn & Pork Roll (4)(GFO)	\$13.90
Transparent Chicken Roll(4)(GFO)	\$13.90

D.I.Y RICE PAPER DISHES

Prawn Meat on Sugar Cane & Salad (3)	\$19.50
Grilled Sliced Pork & Salad (2)(GFO)	\$19.50
Grilled Pork Balls & Salad (2)	\$19.50
Grilled Skewed Beef & Salad (2)	\$19.50
Grilled King Prawn & Salad (2)(GFO)	\$19.50
Grilled Beef in Betel Leaf & Salad	\$21.50

TRADITIONAL HOMEMADE SALAD

Chicken with Cabbage Salad(GFO)	\$22.90
Sliced Beef Ginger & Hoisin Salad	\$22.90
Jelly Fish with Chicken Or Prawn Salad(GFO)	\$25.90

RICE VERMICELLI

Spring Roll Rice Vermicelli	\$16.90
Prawn Meat on Sugar Cane Vermicelli	\$18.50
Sliced Beef & Rice Vermicelli	\$18.50
Grilled Chicken & Rice Vermicelli	\$18.50
Grilled Pork Ball Rice Vermicelli	\$18.50
Grilled Sliced Pork Rice Vermicelli(GFO)	\$18.50
Grilled Skewed Beef Rice Vermicelli	\$18.50
Grilled King Prawn Rice Vermicelli(GFO)	\$18.50

STEAM RICE DISHES

Rice with Crispy Chicken	\$17.90
Rice with Grilled Pork Chop(GFO)	\$17.90
Rice Shredded Pork, Pork Chop & Fried Egg	\$17.90
Rice Shredded Pork, Pork Chop & Egg Cake	\$17.90
Rice Shredded Pork, Pork Chop, Fried Egg & Egg Cake	\$20.90

PHO RICE NOODLE SOUP - Rice Vermicelli (GFO)

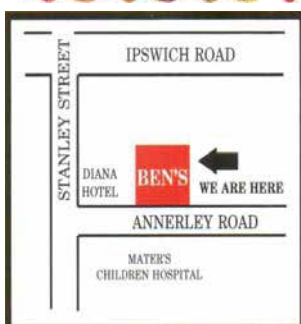
(Extra \$1 for Fresh or Clear Noodle)

Beef Noodle Soup	\$18.50
Chicken Noodle Soup	\$18.50
Chilli Beef and Pork Noodle Soup	\$18.90
Special Beef Noodle Soup	\$18.90
Combination Rice Noodle Soup	\$18.90
Seafood Rice Noodle Soup	\$19.50

EGG NOODLE SOUP (MI)

Chicken Egg Noodle Soup	\$18.50
Egg Noodle & BBQ Pork Soup	\$18.50
Combination Egg Noodle Soup	\$18.90
Seafood Egg Noodle Soup	\$19.50
Egg Noodle & Crispy Chicken	\$21.90
Egg Noodle & Grilled Pork Chop	\$21.90

May Contains Traces Of Peanuts /
Our Food Has No Added MSG /
(GFO) Gluten Free Option Available



FREE !!!

**Large Comb. FRIED RICE
For order \$65 & Over**

FREE !!!



Flame Pork Ribs



Bens Specialities

Relax and Enjoy authentic and traditional Chinese and Vietnamese Cuisine in an elegant atmosphere with the Friendly and Courteous staff. BEN'S Restaurant has been established since 1993 and specialise in Chinese and Vietnamese food.

Our business is to make your dining out a pleasurable experience.

We cater for all Weddings, Functions, and Private Parties.

Please ask to see our special functions menu and complimentary KARAOKE service.

Bookings by phone or email bensrestaurant2@yahoo.com.au